

European Championships 2025

Men - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press	Total
1	MARTIN FORIS Slovakia Tomas Petrik Slovakia	91	118	140	90	88	30	557
2	Lucian Constantin Popa Romania Andrei Ionut Apetrei Romania	74	116	130	97	92	29	538
3	VLADIMIR TAKAC Slovakia BAKA'LA'R MILOS Slovakia	71	108	121	78	80	25	483
4	Besnik Rexha Montenegro Goran Dulovic Montenegro	66	115	86	70	69	21	427

European Championships 2025

Men - Silver - European Championship - Final

		Lying Pull-up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	Lucian Constantin Popa Romania APETREI ANDREI Romania	120	154	180	97	110	96	757
2	Kaasik Kaido Estonia René Laane Estonia	115	135	130	86	119	97	682
3	Teodor Juko Hiimaa Estonia Ken Ujamagi Estonia	95	125	162	81	103	91	657
4	VLADIMIR TAKAC Slovakia BAKA'LA'R MILOS Slovakia	96	131	164	87	82	78	638
5	Avni Sadriju Montenegro Radinovic Nikola Montenegro	95	118	146	71	91	86	607

European Championships 2025

Mixed - Silver - European Championship - final

		Lying Pull-up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	René Laane Estonia Crisgel Berit Laane Estonia	100	139	173	123	116	112	763
2	NOVAC ELENA Romania Lucian Constantin Popa Romania	111	161	179	109	106	96	762
3	VASILESCU OANA Romania Andrei Ionut Apetrei Romania	107	148	156	116	102	101	730
4	MARTIN FORIS Slovakia Andrea Janckova Slovakia	103	143	149	105	91	90	681
5	Gerta Muller Estonia Kaasik Kaido Estonia	80	119	137	100	104	94	634
6	Ulla Kiili Estonia Reijo Malton Estonia	84	117	135	109	87	92	624
7	Szonja Meszaros Hungary Be'ke'Si A'dam Hungary	66	125	95	84	88	78	536

European Championships 2025

Mixed - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press	Total
1	ELENA MASARIKOVA Slovakia Tomas Petrik Slovakia	67	117	121	100	70	33	508
2	Lucian Constantin Popa Romania NOVAC ELENA Romania	61	118	102	112	80	33	506
3	MARTIN FORIS Slovakia Andrea Janckova Slovakia	72	109	98	91	73	28	471
4	Andrei Ionut Apetrei Romania Camelia Stefan Lacramioara Romania	49	106	94	81	67	28	425

European Championships 2025

Women - Silver - European Championship - Final

		Lying Pull-up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	NOVAC ELENA Romania VASILESCU OANA Romania	102	142	156	121	104	108	733
2	Carolyn Vaiksalu Estonia Crisgel Berit Laane Estonia	84	136	138	120	108	102	688
3	Iliadou Androniki Greece Evina Tsitsikli Greece	88	129	127	81	82	90	597

European Championships 2025

Women - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press	Total
1	Camelia Stefan Lacramioara Romania NOVAC ELENA Romania	61	101	102	78	74	30	446
2	ELENA MASARIKOVA Slovakia Andrea Janeckova Slovakia	55	98	97	98	60	30	438
3	Evina Tsitsikli Greece Iliadou Androniki Greece	23	62	10	50	27	16	188

European Championships 2025

Men Master - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press
1	René Laane Estonia	34	93	54	62	34	16
2	VLADIMIR TAKAC Slovakia	32	57	49	56	42	16
3	Angelo Dmimiko Germany	34	67	43	48	43	14
4	Goran Dulovic Montenegro	44	68	54	35	31	13

European Championships 2025

Men Master - Silver - European Championship - final

		Lying Pull-up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	René Laane Estonia	67	83	101	71	84	79	485
2	Kaasik Kaido Estonia	58	72	89	52	65	66	402
3	Avni Sadriju Montenegro	60	57	73	46	70	74	380
4	Darjan Paladin Croatia	55	88	78	61	57	41	380

European Championships 2025

Men Senior - Bronze - European Championship - Final

		Modified Lying Chin Up	KB Squat Bronze	Push-Ups Bronze	DB Lunges Bronze	BW Sit Ups	KB Swing	Total
1	Teodor Juko Hiiemaa Estonia	73	127	86	93	76	78	533
2	VLADIMIR TAKAC Slovakia	64	125	77	102	75	62	505
3	Reijo Malton Estonia	61	123	64	88	59	54	449
4	BAKA'LA'R MILOS Slovakia	65	87	89	68	71	55	435
5	Ken Ujamagi Estonia	44	115	46	79	80	64	428
6	Jaanus Metstak Estonia	43	109	51	57	53	58	371
7	Rasinovic Nikola Montenegro	0	0	0	0	0	0	0

European Championships 2025

Men Senior - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press	Total
1	Lucian Constantin Romania	44	95	58	63	49	18	327
2	Tomas Petrik Slovakia	42	74	70	67	46	19	318
3	MARTIN FORIS Slovakia	52	81	64	63	39	17	316
4	Andrei Ionut Apetrei Romania	41	87	60	66	39	17	310
5	Klaudijus Radusis Lithuania	50	84	56	69	33	14	306
6	VLADIMIR TAKAC Slovakia	43	72	52	64	42	17	290
7	Jurgen Veizi Albania	49	75	59	53	41	13	290
8	Marius Praniauskas Lithuania	34	80	59	61	41	14	289
9	Milos Bakalar Slovakia	39	69	56	42	34	11	251
10	Besnik Rexha Montenegro	35	72	38	44	34	11	234

European Championships 2025

Men Senior - Silver - European Championship - Final

		Lying Pull-up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	Lucian Constantin Romania	69	90	103	69	77	75	483
2	Andrei Ionut Apetre Romania	65	92	91	73	77	81	479
3	Radinovic Nikola Montenegro	69	84	86	54	45	67	405
4	Be'ke'Si A'dam Hungary	42	58	75	46	51	46	318
5	Besnik Rexha Montenegro	0	0	0	0	0	0	0

European Championships 2025

Women Master - Silver - European Championship - Final

		Pull-Up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	VASILESCU OANA Romania	52	91	89	75	73	78	458
2	Carolyn Vaiksalu Estonia	60	71	68	68	64	70	401
3	Gerta Muller Estonia	45	83	69	73	62	66	398
4	Ulla Kiili Estonia	35	70	87	60	57	68	377
5	Iliadou Androniki Greece	41	65	77	50	60	70	363
6	Szonja Meszaros Hungary	35	54	43	51	55	58	296
7	Diana Radaviciute Lithuania	0	0	0	0	0	0	0

European Championships 2025

Women - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press	Total
1	Camelia Stefan Lacramioara Romania NOVAC ELENA Romania	61	101	102	78	74	30	446
2	ELENA MASARIKOVA Slovakia Andrea Janeckova Slovakia	55	98	97	98	60	30	438
3	Evina Tsitsikli Greece Iliadou Androniki Greece	23	62	10	50	27	16	188

European Championships 2025

Women senior - Gold - European Championship - Final

		Pull-Up	KB Squat to Pull	Parallel Dips	Walking-Lunges	Toes To Bar	Push ups & Devil Press	Total
1	NOVAC ELENA Romania	42	90	37	69	40	19	297
2	ELENA MASARIKOVA Slovakia	36	85	60	66	29	19	295
3	Camelia Stefan Lacu Romania	31	85	40	68	29	16	269
4	Andrea Janckova Slovakia	27	63	46	72	36	15	259
5	Diana Radaviciute Lithuania	14	81	33	65	23	16	232

European Championships 2025

Women senior - Silver - European Championship - Final

		Lying Pull-up	Jefferson	Bench Dips	Dumbbell Lunges	Situps	KB Snatch	Total
1	NOVAC ELENA Romania	79	100	89	79	76	79	502
2	VASILESCU OANA Romania	59	104	91	83	75	82	494
3	Crisgel Berit Laane Estonia	40	103	78	70	77	81	449
4	Iliadou Androniki Greece	56	92	78	65	60	67	418
5	Evina Tsitsikli Greece	49	76	57	64	43	73	362
6	Szonja Meszaros Hungary	31	65	38	56	52	55	297